



David Lazar MD, A Medical Corp
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Patient Instructions Following Retina Surgery

David B. Lazar, MD

Please follow these instructions to help you heal and stay as comfortable as possible after your surgery.

- **Keep all post-operative visits with Dr. Lazar.**
- **Bring all eye drops with you for your post-operative visit, if given.**
 - Start these eye drops 1 day following your procedure ***after your visit*** with Dr. Lazar.
 - **PredForte** (Prednisolone acetate; Pink Top): Put 1 drop 4 times a day in the eye that was operated on. Shake the bottle well before each use.
 - **Ofloxacin** (Beige top): Put 1 drop 4 times a day in the eye that was operated on.
 - Additional eye drops may be specified at your post-op visit 1 day after your procedure. Please bring all previously used eye drops with you to your appointment.
 - Wait 5 minutes between taking the different drops
- **Wear your eye shield.**
 - Your eye will be covered with an eye shield following your procedure. Leave the shield on all day and overnight. Do not get it wet. It will be removed at your 1 day post operative visit.
 - For ***1 week*** following surgery, wear the shield at night or when taking a nap.
- **You may have some discomfort after surgery.**
 - Mild discomfort is normal. Take acetaminophen (Tylenol) as needed, following the directions on the package.
- **Protect your eye.**
 - You can shower but make sure to keep water out of your eye.



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- **Avoid** the following for 2 weeks:
 - Using soap or makeup on the operative eye
 - Rubbing the operative eye
 - Swimming, using a hot tub, or steam room
 - Lifting more than 10 pounds (a little more than a gallon of milk)
 - Bending over
 - Vigorous activity
- *If you have a gas or oil bubble in your eye*, do not sleep on your back.
- *If you have a gas bubble in your eye*, follow these instructions until the gas is completely reabsorbed:
 - No flying.
 - Avoid traveling to high altitudes (Above 2000 feet).
 - Keep your gas bracelet on.
- **You can eat and drink what you usually do.**
- *Call your ophthalmologist immediately* if you have any of the following problems:
 - Eye pain
 - Loss of vision
 - Severe headache or nausea
- **If you have any questions or concerns:**
 - Call (866) 773-8462